



# GCP ATHLETIC DEVELOPMENT DAYS

**Game Changer Performance and Playforce have teamed up to deliver an exciting, brand new service for Primary Schools!**

Our Athletic Development Days are a fun way to measure pupil's athletic abilities and introduce fun and engaging long term athletic development programmes (LTAD) to schools.

**The sessions will enable schools to:**

- Measure the athletic abilities of your pupils
- Engage children of all abilities in fun fitness sessions
- Build pupil's confidence to try new activities and engage in a variety of sports
- Highlight areas to include in your schools health and wellbeing strategy
- Help to identify where your PE and Sport Premium could be used for maximum impact
- Provide a benchmark measurement from which to evidence improvement
- Identify sporting talent
- Upskill teaching staff



## 2019 OFFER

Playforce is offering a free Athletic Development Day to any school who places an order with them for an outdoor project before 30th June 2019!\*

**Simply email [sales@playforce.co.uk](mailto:sales@playforce.co.uk) quoting 'GCP19' to get started.**

\*Terms and conditions apply – please visit [www.playforce.co.uk/GCP](http://www.playforce.co.uk/GCP) for more details.



## WHAT IS INCLUDED IN AN ATHLETIC DEVELOPMENT DAY?

The day is designed to be great fun, and provide each child the opportunity to try something new. Specialist performance coaches from GCP will visit your school to run the day and the activities will consist of a range of sessions for the whole school to engage with. There is no planning or set up required – we would simply liaise with you to agree on the timetable for the day and the different groups of children you would like to take part.

### The activities will focus on:

- Developing fundamental movement skills – this is done through a range of dynamic and engaging sessions delivered by GCP coaches via their LTAD syllabus
- Building confidence to try new activities
- Measuring basic physical literacy skills and athleticism – we will take each group of children through a series of fun challenges so this will not feel like they are being tested
- Speed, strength, power and agility-based games

At the end of the day, the coaches will host a staff debrief session to outline some of the findings of their sessions and provide reports on the pupils that have taken part. The coaches will also help to identify the best next steps to improve your pupil's health, fitness and athleticism.



**BOOK YOUR ATHLETIC  
DEVELOPMENT DAY**

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Email [sales@playforce.co.uk](mailto:sales@playforce.co.uk)

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