

# PE & Sport Advice Guides

Part 1 - Everything you ever wanted to know  
about the Primary PE & Sports Premium





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Here at Playforce we're committed - in case you hadn't noticed - to getting children outdoors and active. For almost 20 years we've campaigned to fight childhood obesity and to integrate active play, PE and sports across the school day and age ranges. But, with ever-increasing pressures on funding and resources, as well as existing equipment, we understand that delivering an increased programme of physical activities can be challenging.

Help is at hand! We've produced this step-by-step guide to the Primary PE & Sports Premium, as well as a whole host of other funding opportunities, for those schools that want to integrate PE and Sports, as well as healthy living, into daily activity.





## The Primary PE & Sports Premium

This is ring-fenced funding available for primary schools to improve the quality of the PE and sport activities they offer their children.

### The background

- It started in March 2013, when the government announced it intended to provide additional funding of £150 million per annum for academic years 2013 to 2014 and 2014 to 2015. This funding would be ring-fenced for use to improve provision of physical education (PE) and sport in primary schools in England.
- In the Autumn Statement 2013, the then Chancellor, George Osborne announced an additional year's £150m extended funding, taking the total investment to the end of the 2016 academic year.
- On 6th February 2014 the then Prime Minister, David Cameron committed to continue the funding for the Primary PE and Sport Premium until 2020.
- On the 17th July 2015 the Department for Education announced that 2015/6 funding would remain at the same level as the previous year.
- In the 2016 budget Chancellor George Osborne announced that revenue from the soft drinks industry levy would be used to double the primary school PE and sport premium from £160 million per year to £320 million per year from September 2017, to help schools support healthier, more active lifestyles.
- On 17th July 2017, the Department for Education confirmed this previously announced commitment to doubling funding from September 2017, with the first payments being received, by schools in October 2017.

### How does it work?

- Most schools with primary-age pupils receive the PE and sport premium.
- Funding is based on the number of pupils in years 1 to 6. In cases where schools don't follow year groups (for example, in some special schools), pupils aged 5 to 10 attract the funding.
- Schools with 16 or fewer eligible pupils receive £1,000 per pupil.
- Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil.
- Schools receive 7/12ths of funding in October/November and the remaining 5/12ths in April/May.





### What can you use it for?

According to the Government schools must use the funding to make additional and sustainable improvements to the quality of PE and sport on offer.

This means that you should use the premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

The Government provides some suggestions for how you might use your funding. You could use it to:

- provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively
- hire qualified sports coaches to work with teachers to enhance or extend current opportunities
- introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
- support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
- enter or run more sport competitions
- partner with other schools to run sports activities and clubs
- encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school

- provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum
- embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching

However, they are very clear that you should not use your funding to:

- employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of your core staffing budgets (although you can still use coaches to deliver sports and PE sessions)
- teach the minimum requirements of the national curriculum - including those specified for swimming (or, in the case of academies and free schools, to teach your existing PE curriculum)





## A bit about coaching

Although they can't be responsible for the overall strategy you can use your Primary PE and Sport Premium to employ external sports coaches. Coaches can perform a valuable role in supporting and upskilling teachers to improve the delivery of physical education and sport, as well as providing breakfast, lunchtime and after school clubs.

- The Government is clear on when this is appropriate use of funds:
- Coaches should only be employed through Premium funding when a need has been identified by the school's PE and school sport review
- Coaches should not be used to displace teachers during curriculum time

Your local [County Sports Partnership](#) can help you identify a suitable coach.

[UK Coaching has also developed a helpful toolkit](#), which includes a self-review tool, to ensure your use of coaches is both effective and sustainable. Two further guides we've found, that really help, are:

- [The employment and deployment of coaches](#)
- [Coaching self-review: Guidance for Head Teachers and PE Subject Leaders/ Coordinators on the Effective and Sustainable Use of Coaches](#)

## How is it measured?

Reporting is a big part of the PE and Sports Premium. There are five key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

This measurement is done in a number of ways:

- **Ofsted inspection** - Ofsted assesses how primary schools use the primary PE and sport premium. They measure its impact on pupil outcomes, and how effectively governors hold school leaders to account for this. You can find details of what inspectors look for in the 'effectiveness of leadership and management' section of the ['Ofsted schools inspection handbook 2015'](#). Be prepared. The PE coordinator and a nominated governor will be expected to discuss the impact the PE and Sport Premium has had in your school.





- Self-assessment - You must publish (on your website) details of how you spend your PE and sport premium funding. This must include:

the amount of premium received

a full breakdown of how it has been spent (or will be spent)

the impact the school has seen on pupils' PE and sport participation and attainment

how the improvements will be sustainable in the future

you could also termly updates, photos, case studies and videos

The full Government guidance on this is available online, [here](#).

### What are the challenges?

If you are a state-funded school, the PE and Sport Premium can be used to improve your play facilities when making additional and sustainable improvements to the quality of PE and sport you are offering your pupils. This means that you can use the premium to develop or add to the PE and sport activities that your school already offers and make improvement now that will benefit pupils joining the school in future years.

But [a 2014 Ofsted report](#), at the start of the funding, showed that there were two areas for development: equipment and teacher understanding. We can all agree that having more money for active play and sports equipment is a great thing. However, the report identified that there was a significant lack of teacher subject knowledge, limited use of lesson planning and assessment, as well as few identified strategies to improve health and wellbeing.

Since this point a number of fantastic resources have been produced to help with this. We've pulled together some of our favourites, here:

- [Primary School Physical Literacy Framework](#)
- [Evidencing the Impact of the Primary PE and Sport Premium](#)
- [Effective professional learning](#)
- The Youth Sport Trust has developed an online self-review tool to support you to audit your PE provision and identify priorities for your development plan. You can find out more [here](#).
- They have also developed an Active School Planner, which is a free-to-use tool, designed to track and improve physical activity levels in your pupils. You can access this tool [here](#).





# Getting the most from your funding

We think the best way to get the most from your funding is to sit down (preferably with a cup of tea) and plan it out. We always take things methodically and recommend a four-step programme.

1. Start by understanding where you are now. What do you offer and where are the gaps?
2. Next, set out what you're going to do. Create an action plan and have clear timescales so you know what needs to be done and when.
3. Next, record the impact of this work. How effective is your spending? Your measures can be qualitative and quantitative.
4. Finally, as yourself how sustainable this spending is. Will there be the same impact in one, five or ten years?

We were particularly impressed by [the advice London Sport set out for schools](#), on planning out how you're going to get the most from this funding. They suggest you group your plan and spending into five themes:

1. Healthy active lifestyles - Ensuring your school is as active as possible, as much as possible.
2. Using PE as a tool for whole school improvement - Sharing the contribution PE can make across the whole curriculum.
3. Professional Learning and your PE team - Having the right people leading this area in your school and the rest of your staff suitably trained.
4. A broad offer to all pupils - Offering a range of challenging and inclusive experiences to all pupils.
5. Competition for all - Providing opportunities for all children to compete against themselves and others, both in your school and against other schools.

In their guidance document they take each theme in turn, asking question and suggesting things to consider. If you're stuck for knowing where to start we'd suggest you [click here to begin with](#).



# How can you make sure any equipment you buy works for the Primary PE & Sports Premium?

We've talked a lot about planning, reporting, skills and coaching. But let's not forget that the majority of schools use the Premium funding to make improvements to outdoor space and play areas.

We understand that the best outdoor space designs combine equipment, zones and landscaping that have multiple purposes. Your play and sports equipment needs to work across the ages. That's why, in addition to our MUGAs we also have one of [the most extensive ranges of fitness and active trails available](#), as well as [towers](#) and all sorts of equipment for [climbing](#). You can download our sports brochure [here](#).

When planning a playground or outdoor grounds development, focused on PE and sports, the first place to start has to be the National Curriculum for Physical Education. This sets out the requirements for physical education (including swimming, which we haven't included here), which run alongside those of the Premium criteria.

**Key stage 1** - Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement pattern

**Key stage 2** - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

We'll be talking a bit more about things to consider, when [planning an outdoor space across the ages](#), in our next guide.





### We're here to help

Our consultants are trained to support you in getting the best return on your Premium funding. You can book a consultation [here](#).

However, we've also done a lot of the hard work for you in creating a number of packages linked not only to the objectives of the Primary PE & Sports Premium but also the National Curriculum for Physical Education areas.



Take a look at our website [here](#) or contact [sales@playforce.co.uk](mailto:sales@playforce.co.uk) for more information.